



# Cardiac Labs

Phone: 780- 669-2222 • Toll Free: 1-866-771-9446

Meadowlark Lab • Fax: 780-487-5173

Millwoods Lab • Fax: 780-930-1593

Fort McMurray Lab • Fax: 780-791-1994

## Meadowlark Cardiac Lab

#234, 156 Street - 89 Avenue  
Edmonton, Alberta T5R 5W9

MIBI • Stress Test • CT Angio •  
CT Calcium • ECG • Holter • ABPM

## Millwoods Cardiac Lab MIBI

6466 28 Avenue  
Edmonton, Alberta T6L 6N3

## Fort McMurray Cardiac Lab MIBI

404 Lower Level 8600 Franklin Avenue  
Fort McMurray, Alberta T9H 4G8

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

INSURANCE #: \_\_\_\_\_

PHONE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ M  F

Please keep your appointment. If you don't cancel 24 hours prior to exam, you may be charged a \$25.00 fee. Remember that others with healthcare needs could use your appointment time.

Site: \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_

MIBI Rest: \_\_\_\_\_

Stress: \_\_\_\_\_

ABPM or: \_\_\_\_\_

Holter Setup: \_\_\_\_\_

Return: Next day between 07:30 - 11:00

Stress Test: \_\_\_\_\_

## CARDIAC EXAM REQUESTED

Please fax this completed requisition and if available: resting ECG, recent history, consultation report, complete medication list, copy of previous Stress Test, Angiogram, and/or Echocardiogram.

- Exercise MIBI - Myocardial Perfusion Scan (all sites)
- Persantine MIBI - Myocardial Perfusion Scan (all sites)
- Exercise Stress Test
- Exercise Stress Test for Driver/Pilot Medical (payment required)
- Echocardiogram
- Holter Recording
- 24 Hour Ambulatory Blood Pressure Monitoring (ABPM) (not covered by AH - payment required)
- Coronary CT Angiography (payment required)
- Coronary CT Calcium Score (payment required)

### INDICATION

- Diagnosis of coronary disease
- Evaluation of extent & severity of coronary disease
- Investigation of patient with multiple risk factors
- Driver's License Qualification & Third Party Medical (not covered by AH - payment required)
- Risk stratification pre-op: Date \_\_\_\_\_
- Operation: \_\_\_\_\_
- Other \_\_\_\_\_

### CHEST PAIN

- Yes
- No
- Typical
- Atypical
- Non-anginal
- New
- Chronic
- Changing Pattern
- Exertional
- Rest
- Nocturnal
- Dyspnea
- Syncope

### CARDIAC

- CABG
- Angioplasty
- Stent
- MI
- Pacemaker
- Valvular Heart Disease \*
- Atrial Fibrillation
- Cardiac Arrest
- Heart Failure
- Hypertension
- Family History
- Rheumatic Fever

\* Stress testing not recommended if aortic stenosis is suspected

### PULMONARY

- Asthma
- C.O.P.D.
- Interstitial Lung Disease
- Chest wall Abnormality

### GENERAL

- Diabetes
- Obesity
- Osteoarthritis
- Hyperlipidemia
- Renal Failure
- Hepatitis / HIV
- Peripheral Vascular Disease
- Stroke

### MEDICATIONS

- Beta Blockers \_\_\_\_\_
- Calcium Channel Blockers \_\_\_\_\_
- Nitro \_\_\_\_\_
- Insulin \_\_\_\_\_
- Oral hypoglycemic agents \_\_\_\_\_
- Bronchodilators \_\_\_\_\_
- Theophylline \_\_\_\_\_
- Other Medications \_\_\_\_\_

### REFERRING PHYSICIAN

(Fill in or stamp)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

COPIES TO: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

URGENT REPORT \_\_\_\_\_

**\*\* ALL EXAMINATIONS \*\***

Please bring this signed request with you. **If you are unable to keep your appointment, please phone 780-669-2222 to reschedule it.**  
There is no facility to look after small children.

**PATIENT PREPARATION INSTRUCTIONS: Exercise MIBI & Exercise Stress Test:**

**DO NOT EAT or DRINK** for four hours prior to test. **NO caffeine** containing foods or beverages (includes coffee, tea, pop, chocolate and medication with caffeine such as Tylenol #3 or Excedrin) for 24 hours prior to test. Wear a short sleeved shirt with buttons and clean footwear for walking on treadmill. Bring all current medications with you.

**PLEASE do not wear perfumes/colognes or any scented products to your appointment.**

**Exercise MIBI - Myocardial Perfusion scan - with or without Persantine (Dipyridamole)**

The heart is imaged in two different phases/ two separate days; while resting and after stress (exercise).

- Check in at the site you are booked at: Meadowlark Diagnostic Imaging at **200 Meadowlark Health Center**, Millwoods at **6466 - 28 Avenue**, Fort McMurray **River City Centre 404 Lower Level 8600 Franklin Avenue**.
- Follow the above patient preparation instructions for both appointments
- The Rest scan appointment takes approximately 1 1/2 to 2 hours
- The Stress scan appointment takes approximately 2 1/2 to 3 1/2 hours

**Exercise Stress test - no imaging**

- Check in at Meadowlark Cardiac Lab at **234 Meadowlark Health Center** - Use mall entrance 2 or 3
- Follow the above patient preparation instructions
- Appointment takes approximately 45 minutes to 1 1/2 hours

**Holter Recording**

- Check in at Meadowlark Cardiac Lab at **234 Meadowlark Health Center** - Use mall entrance 2 or 3
- First appointment takes approximately 15 minutes to set up monitor
- Return the next morning between 0730 and 1100h to have the monitor removed - takes 5 minutes to remove

**24 Hour Ambulatory Blood Pressure Monitoring - (ABPM)**

- Check in at Insight Medical Imaging at **200 Meadowlark Health Center**
- Exam is not covered by Health Care - Cost is \$90 for exam - cash, debit, Visa or Mastercard
- Appointment takes approximately 30 minutes to complete paperwork and to set up monitor
- Patient returns the next morning between 0730 and 1100h to have the monitor removed - takes 5 minutes to remove



**MEADOWLARK:**



**FORT MCMURRAY:**



**MILLWOODS:**

