

Frequently Asked Questions

Will ABUS be painful?

No, but some compression will be required in order to obtain quality images.

How do I prepare for ABUS?

The same way you would prepare for a mammogram. Visit x-ray.ca/exam-prep for a list of exam preparation instructions.

Do I need a mammogram if I get ABUS?

Yes, because only women with dense breasts on mammography need ABUS.

How much does ABUS cost?

Just like mammograms, ABUS is fully covered under the AHCIP (Alberta Health Care Insurance Plan).

How do I get an ABUS exam?

This exam will require a requisition given to you by your doctor, or will come as a referral from our radiologist after your screening mammogram.



Book An Appointment

For more information or to book an appointment, contact us!

Please have your health care card, doctor's name, and requisition ready.

Phone

Local: 780-669-2222

Toll Free: 1-866-771-9446

Online

www.x-ray.ca

Speak With Your Doctor

Insight Medical Imaging accepts requisition forms from any diagnostic imaging provider.

ABUS Booking Hours*

Monday – Friday 8:00 am - 4:00 pm

**hours subject to change*

AUTOMATED BREAST ULTRASOUND (ABUS)



BREAST DENSITY & THE IMPORTANCE OF SUPPLEMENTAL IMAGING



What Can I Expect?



After changing, the technologist will position you lying down with your arm raised.

Gel/lotion will be applied, and the scanner will gently compress the breast tissue as the images are obtained.

The process will be repeated as needed to ensure the entire breast has been imaged. This will then be done on the other breast.

You can expect the exam to take 20-30 minutes.

The results will take approximately 3-5 days and will be sent directly to your family physician.

What is ABUS?

ABUS stands for Automated Breast Ultrasound.

For women with dense breasts on mammograms, ABUS is used as an extra test to find small, early cancers that mammography may not detect.

ABUS uses sound waves to create a 3D view of the breast tissue.

No radiation is used during this exam.

Why Get ABUS?



Benefits

Adding ABUS to screening mammography significantly improves cancer detection.

Follow-Up

Given its screening nature, further follow-up may be required. This may include:

- Being called back for additional images
- Undergoing a breast biopsy procedure

