

**** ALL EXAMINATIONS ****

Remember to bring the Imaging Requisition plus your Alberta Health Card and photo ID.

If you are unable to keep your appointment, please phone 780-669-2222 to reschedule. (There is no facility to look after small children.)

PATIENT PREPARATION INSTRUCTIONS:

Exercise MIBI & Exercise Stress Test:

- **Nothing to eat or drink** for 4 hours prior to test. **NO caffeine** containing foods or beverages (includes coffee, tea, pop, chocolate and medication with caffeine such as Tylenol #3 (or Excedrin) for 24 hours prior to test. Wear a short sleeved shirt with buttons and clean footwear for walking on treadmill. Bring all current medications with you. PLEASE do not wear perfumes/colognes or any scented products to your appointment.

Exercise MIBI - Myocardial Perfusion scan - with or without Persantine (Dipyridamole)

- The heart is imaged in two different phases/two separate days; while resting and after stress (exercise).
- Check in at the site you are booked at: Meadowlark Diagnostic Imaging at **200 Meadowlark Shopping Centre**, Millwoods at **6466 - 28 Avenue**, Unity Square at **11560 - 104 Ave NW**.
- Follow the above patient preparation instructions for both appointments
- The Rest scan appointment takes approximately 1 1/2 to 2 hours
- The Stress scan appointment takes approximately 2 1/2 to 3 1/2 hours

Exercise Stress test - no imaging

- Check in at the site you are booked. Millwoods at **6466 - 28 Avenue**. Unity Square at **11560 104 Ave NW**. If at Meadowlark, please check in at the **Meadowlark Cardiac Lab at 234 Meadowlark Shopping Centre** (use mall entrance 2 or 3)
- Follow the above patient preparation instructions
- Appointment takes approximately 45 minutes to 1 1/2 hours

Holter Recording

- Check in at Meadowlark Cardiac Lab at **234 Meadowlark Shopping Centre** - Use mall entrance 2 or 3
- First appointment takes approximately 15 minutes to set up monitor
- Return the next morning between 0730 and 1100h to have the monitor removed - takes 5 minutes to remove

Ambulatory Blood Pressure Monitoring - (ABPM)

- Check in at Insight Medical Imaging at **234 Meadowlark Shopping Centre**
- Exam is not covered by Health Care - **Cost is \$90 for exam** - cash, debit, Visa or Mastercard
- Appointment takes approximately 30 minutes to complete paperwork and to set up monitor
- Patient returns the next morning between 0730 and 1100h to have the monitor removed - takes 5 minutes to remove

MEADOWLARK



MILLWOODS



UNITY SQUARE

