

INNOVATIVE TREATMENT FOR TENNIS ELBOW AND ANKLE SPRAINS

GET BACK TO YOUR PAIN-FREE NORMAL QUICKLY AFTER A TENDON OR LIGAMENT INJURY





# JUMP-START YOUR RECOVERY WITH SPORTVIS<sup>TM</sup>

SportVis<sup>™</sup> is administered in-clinic by a doctor trained in the periarticular injection technique. Treatment requires two doses. The time between each dose depends on the specific injury.

### HELPLINE CHECK YOUR INSURANCE COVERAGE



The insurance coverage helpline makes it easy for you to find out if your insurance covers SportVis<sup>™</sup> by contacting your insurance provider with you.

CALL 1-855-491-5754 TO SPEAK TO AN INSURANCE COVERAGE SPECIALIST

ASK YOUR DOCTOR ABOUT SPORTVIS™ AND WHETHER IT IS THE RIGHT TREATMENT TO HELP YOU GET BACK TO NORMAL AFTER A TENDON OR LIGAMENT INJURY.

## TENNIS ELBOW TREATMENT STARTS WITH SPORTVIS<sup>TM</sup>

### Tennis elbow is a painful condition caused by overuse

In tennis elbow, also known as *lateral epicondylalgia*, the tendons that join the forearm muscles to the elbow become inflamed or damaged by micro tears resulting from repeated motions.

Pain is a common symptom associated with tennis elbow and is the reason those affected by it seek treatment. Other symptoms include:

- Pain or burning on the outer part of the elbow
- Pain at night (sometimes)
- Weak grip strength
- Limited range of motion

Tennis elbow pain is at first mild in severity and worsens over weeks and months.

SportVis<sup>™</sup> is an innovative treatment for tennis elbow. It offers effective, long-term pain relief and timely recovery.

#### Tennis elbow is not limited to athletes

Tennis elbow is usually caused by overuse of your forearm muscles due to repetitive or vigorous activity that involves repeatedly extending your wrist and hand and bending and straightening your elbow. PAIN POINT The tendon that is usually injured is the ECRB. That is where you feel pain.

> EXTENSOR CARPI RADIALIS BREVIS (ECRB)

### **ABOUT 1 IN 5 CANADIANS**

BETWEEN THE AGES OF 30 AND 60 SUFFER FROM TENNIS ELBOW.

# SPRAINED ANKLE TREATMENT STARTS WITH SPORTVISTM

#### A sprained ankle is a painful ligament injury

It occurs when the ligaments that support and stabilize the ankle stretch beyond their limits and tear. Sprained ankles range from mild to severe, depending on how much damage there is to the ligaments.

Pain is a common symptom associated with a sprained ankle. Other symptoms include:

- Swelling
- Bruising
- Tenderness to the touch

Without proper treatment and rehabilitation, more severe sprains can weaken your ankle, making it more likely that you injure it again. Repeated ankle sprains can lead to long-term problems such as chronic ankle pain.

SportVis<sup>™</sup> is an innovative treatment for ankle sprains. It offers effective, long-term pain relief and timely recovery.

#### Ankle sprains are not limited to athletes

A twisting force to the lower leg or foot can cause a sprain. This can happen during many different activities, including walking on uneven surfaces, falling, or playing sports (e.g., basketball, tennis, football, and soccer).

THE ANKLE IS BY FAR THE MOST COMMON SITE FOR A SPRAIN. 85% OF ANKLE INJURIES ARE SPRAINS.

LATERAL LIGAMENTS

The lateral ligaments are those most often injured.

Sprains can range from tiny tears in the ligament

fibres to complete tears through the tissue.

PAIN POINT

#### INNOVATIVE TREATMENT

FOR TENNIS ELBOW AND ANKLE SPRAINS

# EXPERIENCE TIMELY, PAIN-FREE RECOVERY WITH SPORTVISTM

SportVis<sup>™</sup> is the only hyaluronic acid injection for the treatment of tennis elbow and ankle sprains that is clinically demonstrated to relieve pain and restore function in damaged tendons and ligaments. It is injected by a doctor trained in the specific technique.

- ✓ Effective, long-term pain relief
- $\checkmark$  Timely recovery and return to normal
- ✓ A generally safe and well-tolerated treatment
- ✓ Available in an injection clinic

### MAKE SPORTVIS™ PART OF YOUR RECOVERY.



### SPORTVIS™ ENHANCES YOUR BODY'S NATURAL RESPONSE TO A TENDON OR LIGAMENT INJURY

SportVis<sup>™</sup> helps improve healing by augmenting the hyaluronic acid you naturally produce in response to a tennis elbow or sprained ankle injury.



Soft tissue adapted biocompatible hyaluronic acid (STABHA<sup>™</sup>) is the innovative active ingredient. It is the only Health Canada-approved hyaluronic acid indicated to relieve pain and restore function in damaged tendons and ligaments.

Tennis elbow occurs when a tendon is damaged (micro tears). An ankle sprain occurs when a ligament is stretched and torn.

SportVis<sup>™</sup> augments naturally present hyaluronic acid, providing cushioning (support), lubrication, and hydration.

It offers improved healing for effective pain relief and a timely return to normal.

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THE PATENTED MANUFACTURING PROCESS BEHIND STABHA™ ENSURES THE HIGHEST LEVEL OF PURITY.







## PAIN RELIEF STARTS WITH **SPORTVIS<sup>TM</sup>**

SportVis™ is the only hyaluronic acid injection for the treatment of tennis elbow and ankle sprains that is clinically demonstrated to offer:

- Effective, long-term pain relief
- Timely recovery and return to normal
- A generally safe and well-tolerated treatment

ASK YOUR DOCTOR ABOUT SPORTVIS™. Visit sportvis.ca to learn more.

SportVis™ may not be suitable for everyone. Talk to your doctor if you have questions regarding this product or for more information on your condition. For more information relating to contraindications, precautions, adverse reactions, dosing, and directions for use, please contact our Medical Information Department by phone at 1-888-550-6060 or by email at medinfo@pendopharm.com.



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