



Cardiac Requisition

ALL REQUISITIONS ACCEPTED

We cannot perform an exam without your requisition

Central Booking
780-669-2222

Toll Free
1-866-771-9446

Fax
780-930-1593

Toll Free Fax
1-855-930-1593

Online
x-ray.ca/book-an-appointment

To cancel or rebook your appointment, please call Central Booking: Mon-Fri: 8AM-6:45PM, Sat: 9AM-4PM, Sun: Closed

Name: _____ PHN: _____
Address: _____
Phone: _____ DOB: _____ MM/DD/YY Male Female Non-Binary
W.C.B. (Y/N) WCB#: _____ Other: _____

Exam Location: _____
MIBI Rest (1/2): _____
MIBI Stress (2/2): _____
ABPM: _____
Holter Setup: _____
Stress Test: _____
Date _____ Time _____

Please fax this completed requisition and if available: resting ECG, recent history, consultation report, complete medication list, copy of previous Stress Test, Angiogram, and/or Echocardiogram.

If you are scheduled for a Holter Recording or APBM please return the next day between 07:30 am - 11:00 am

1. Cardiac Exam Requested

- Exercise MIBI - Myocardial Perfusion Scan
- Persantine MIBI - Myocardial Perfusion Scan
- Exercise Stress Test
- Exercise Stress Test for Driver/Pilot Medical (Payment Required)
- Echocardiogram
- Cardiac Amyloid Scan
- ECG
- Holter Recording
- Ambulatory Blood Pressure Monitoring (ABPM) (payment required)
- Coronary CT Angiography (payment required)
- Coronary CT Calcium Score (payment required)

Locations

Meadowlark Cardiac Lab

234 Meadowlark Shopping Centre
156 Street 89 Avenue
T5R 5W9
Tel: 780-489-5313 ext.3050
Fax: 780-487-5173

**MIBI • Stress Test
CT Angio • CT CCS
Holter • ABPM**

Millwoods

6466 - 28 Avenue
T6L 6N3
Tel: 780-486-8103
Fax: 780-638-6532

MIBI • Stress Test

2. Indication

- Diagnosis of coronary disease
- Evaluation of extent & severity of coronary disease
- Investigation of patient with multiple risk factors
- Driver's License Qualification & Third Party Medical (payment required)
- Risk stratification pre-operation
Date: _____
Operation: _____

Chest Pain

- Yes Typical New Exertional Dyspnea
- No Atypical Chronic Rest Syncope
- Non-anginal Changing Pattern Nocturnal

Pre-Test Probability of Coronary Disease

- Low Medium High Known CAD (Specify in section 4)

ND: Stress testing not recommended if aortic stenosis is suspended

For more info on pre-test CAD guidelines please visit: bit.ly/CAD_probability

Cardiac

- CABG Pacemaker Heart Failure
- Angioplasty Valvular Heart Disease* Hypertension
- Stent Atrial Fibrillation Family History
- MI Cardiac Arrest Rheumatic Fever

Pulmonary

- Asthma
- C.O.P.D.
- Interstitial Lung Disease
- Chest Wall Abnormality

General

- Diabetes Renal Failure
- Obesity Hepatitis / HIV
- Osteoarthritis Peripheral Vascular Disease
- Hyperlipidemia Stroke

Note: A comprehensive medical consultation will be completed by the attending physician prior to the stress test. This form may serve as the referral letter/ request for consultation if deemed complete by the referring doctor. Please feel free to also send a referral letter, lipid results, other reports, etc if there is additional information available, especially if from outside Alberta.

3. Medications

- Beta Blockers
- Calcium Channel Blockers
- Nitro
- Insulin
- Oral Hypoglysemic Agents
- Bronchodilators
- Theophylline
- Other Medications

4. Relevant History (please specify medication if applicable)

Pregnant? Yes No LMP: _____ Diabetic Yes No

5. Referring Physician's Information

Name: _____
Address: _____
Phone: _____ Fax: _____
Signature: _____ Date: _____

Physician's Stamp
& Practice ID

URGENT Fax Report (Until 4pm M-F)

Copy To: Name: _____
Phone: _____
Fax: _____

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****Important For All Exams****

Remember to bring the Imaging Requisition plus your Health Care Card and photo ID.
If you are unable to keep your appointment, and need to reschedule, please phone the clinic directly.
(There is no facility to look after small children).

PATIENT PREPARATION INSTRUCTIONS

Exercise MIBI & Exercise Stress Test:

- **Nothing to eat or drink** for 4 hours prior to test. **NO caffeine** containing foods or beverages (includes coffee, tea, pop, chocolate and medication with caffeine such as Tylenol #3 (or Excedrin) for 24 hours prior to test.
- Wear a short sleeved shirt with buttons and clean footwear for walking on treadmill.
- Bring all current medications with you.
- PLEASE do not wear perfumes/colognes or any scented products to your appointment.

Exercise MIBI - Myocardial Perfusion scan - with or without Persantine (Dipyridamole)

- The heart is imaged in two different phases/two separate days; while resting and after stress (exercise).
- Check in at the site you are booked at, see location options below.
- Follow the above patient preparation instructions for both appointments.
- The Rest scan appointment takes approximately 1.5 to 2 hours.
- The Stress scan appointment takes approximately 2.5 to 3.5 hours.

Exercise Stress test - no imaging

- Check in at the site you are booked at, see location options below.
- Follow the above patient preparation instructions.
- Appointment takes approximately 45 minutes to 1.5 hours.

Holter Recording

- Check in at Meadowlark Cardiac Lab at 234 Meadowlark Shopping Centre – Use mall entrance 2 or 3.
- First appointment takes approximately 15 minutes to set up monitor.
- Return the next morning between 7:30 am and 11:00 am to have the monitor removed – takes 5 minutes to remove.

Ambulatory Blood Pressure Monitoring - (ABPM)

- Check in at Meadowlark Cardiac Lab at 234 Meadowlark Shopping Centre – Use mall entrance 2 or 3.
- Exam is not covered by Alberta Health Care – **Cost is \$90 for exam** – cash, debit, Visa or Mastercard.
- Appointment takes approximately 30 minutes to complete paperwork and to set up monitor.
- Patient returns the next morning between 7:30 am and 11:00 am to have the monitor removed – takes 5 minutes to remove.

Cardiac Clinic Locations

Meadowlark Cardiac Lab

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156 Street 89 Avenue T5R 5W9
Tel: 780-489-5313 ext.3050
Fax: 780-487-5173
Mon - Fri: **7:30 am - 3:30 pm**

Millwoods

6466 - 28 Avenue T6L 6N3
Tel: 780-486-8103 | Fax: 780-638-6532
Mon - Fri: **7:30 am - 8:00 pm**
Sat: **9:00 am - 5:00 pm**

FREE PARKING AT ALL LOCATIONS